

3200 Water St. San Jose, CA 95111  
Room P-5

# March 2021

**FRC HOURS:**  
Mon.– Fri. 8:30AM-5:00PM  
**DROP-INS BY  
APPOINTMENT ONLY**

Due to COVID-19 our FRC is only offering Virtual Classes until further noticed. To register for our Virtual classes please call (408)396-8301

For more information please call:  
**(408) 396-8301**  
We speak English, Spanish and Vietnamese  
**Se Habla Español** **Chúng tôi nói tiếng việt**

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	<p><b>1</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">A La Carte– Free Food Service</a> 2:00pm-3:30pm</p>	<p><b>2</b> Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 5 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 1 of 8 3:00pm-4:00pm</p>	<p><b>3</b> <a href="#">Virtual Animal Science w/ Palo Alto Jr. Museum</a> 9:00am-9:45am</p> <p><b>zumbini.</b></p> <p><a href="#">Virtual Zumbini w/ BabyCare</a> Session 6 of 10 10:00am-11:30am</p>	<p><b>4</b> <a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 6 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 2 of 8 3:00pm-4:00pm</p>	<p><b>5</b> FRC Services Available Virtually by Appointment</p>	<p><b>6</b> Drive-Thru School Pantry 9:00AM-11:00AM Free Food Program</p>
7	<p><b>8</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">A La Carte– Free Food Service</a> 2:00pm-3:30pm</p>	<p><b>9</b> Diaper Distribution By Appt. 9:00am-12:00pm</p> <p><a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 7 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 3 of 8 3:00pm-4:00pm</p>	<p><b>10</b> <b>zumbini.</b></p> <p><a href="#">Virtual Zumbini with BabyCare</a> Session 7 of 10 10:00am-11:30am</p> <p>Drop-Ins By Appointment 9:00am-12:00pm</p>	<p><b>11</b> <a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 8 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 4 of 8 3:00pm-4:00pm</p>	<p><b>12</b> FRC Services Available Virtually by Appointment</p>	13
14	<p> <b>15</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">A La Carte– Free Food Service</a> 2:00pm-3:30pm</p>	<p><b>16</b> Diaper Distribution By Appt. 9:00am-12:00pm</p> <p><a href="#">S.JPL Virtual Storytime</a> 10:00am-10:45am</p> <p><a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 9 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> 3:00pm-4:00pm</p>	<p><b>17</b> <b>zumbini.</b></p> <p><a href="#">Virtual Zumbini with BabyCare</a> Session 8 of 10 10:00am-11:30am</p> <p>Drop-Ins By Appointment 9:00am-12:00pm</p>	<p><b>18</b> <a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 10 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 6 of 8 3:00pm-4:00pm</p>	<p><b>19</b> FRC Services Available Virtually by Appointment</p>	<p><b>20</b> Drive-Thru School Pantry 9:00AM-11:00AM Free Food Program</p>
21	<p><b>22</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">A La Carte– Free Food Service</a> 2:00pm-3:30pm</p>	<p><b>23</b> Diaper Distribution 9:00am-12:00pm</p> <p><a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 11 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 7 of 8 3:00pm-4:00pm</p>	<p><b>24</b> <b>zumbini.</b></p> <p><a href="#">Virtual Zumbini with BabyCare</a> Session 9 of 10 10:00am-11:30am</p> <p>Drop-Ins By Appointment 9:00am-12:00pm</p>	<p><b>25</b> <a href="#">Virtual SEEDS with BabyCare Parenting Workshop in Vietnamese</a> Session 12 of 12 1:00pm-2:00pm</p> <p><a href="#">Virtual Abriendo Puertas Parenting Workshop in Spanish</a> Session 8 of 8 3:00pm-4:00pm</p>	<p><b>26</b>  <a href="#">SEEDS and Abriendo Puertas Parenting Workshop Graduation</a> 3:00pm-4:00pm</p>	27
28	<p><b>29</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p><a href="#">A La Carte– Free Food Service</a> 2:00pm-3:30pm</p>	<p><b>30</b> Drop-Ins By Appointment Diaper Distribution By Appt. Only 9:00am-12:00pm</p> <p>Need MEDI-CAL Insurance?</p>	<p><b>31</b> FRC CLOSED</p> <p> Cesar Chavez Day</p>			

**Please call 408-251-8875**

Follow us on Facebook: [facebook.com/DahIFRC](https://facebook.com/DahIFRC)

Program may change without prior notice. Please visit <https://www.first5kids.org/frc/dahl-frc/>



**Legend/Key**

- 😊 First Day of Program
- ♥ Last Day of Program
- † Children Program

\*\* Fee for Service/Fundraising

**FIRST 5 Program**

330 Branham Lane East  
San Jose, CA 95111

**March  
2021**

For more information please call:  
**(408) 396-8301**  
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Vietnamese*  
*Se Habla Español    Chúng tôi nói tiếng việt*

Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

**CENTER IS  
CLOSED  
FOR THE  
MONTH**

